

TECHNICAL DATA SHEET

Product

St.John's Wort PE 0.3% – Food grade

Characteristics

Botanical and supply-chain information

Botanical name	Hypericum perforatum L.
Family	Hyperaceae
Plant part used	Herb with flowers
Primary processing	Harvesting, washing, drying
Novel food	Out of the scope of Reg. (EU) 2015/2283
Use permitted in food supplements	Compliant with Italian Ministerial Decree 10/08/2018, Annex I
Plant origin	China
Raw material provenance	China

Chemical and physical properties

Main technical specifications

TLC identification	Positive
Preparation type	Dry extract
Extraction solvent	Alcohol and water
Active constituent	Ipericina (UV) (0.30 % min.)
Carriers	Maltodextrin max. 5.00%
Appearance	Fine dark-brown powder
Particle size	95.0% through 80-mesh sieve
Moisture	5.0 % max
Ashes	10.0 % max
Bulk density	30-70 g/100ml

Contaminants

Main compliance (EU regulations)

Pesticide residues	Compliant with Reg. (EC) No. 396/2005
Solvent residues	Compliant with Dir. 2009/32/EC
Allergens	Reg. (EU) No. 1169/2011, Annex II — Not present as intentional ingredients.
GMO	Absent — Reg. (EC) No. 1829/2003 and No. 1830/2003
Nickel	Compliant with Reg. (EU) 2024/1987
Ethylene oxide (EtO)	Not used; EtO + 2-chloroethanol residues compliant with Reg. (EC) No. 396/2005
Irradiation	Not irradiated — Dir. 1999/2/EC and 1999/3/EC
Radioactivity	Within natural limits
BSE, TSE	Product of plant origin; TSE/BSE risk not applicable (no ingredients of animal origin)
WADA list	Does not contain substances on the current WADA list
Nanomaterials	No 'engineered nanomaterials' as per Reg. (EU) 2015/2283
Total aerobic microbial count (TAMC)	$\leq 1.0 \times 10^4$ CFU/g. Salmonella: absent in 25 g; E. coli and S. aureus: absent in 1 g
Total yeasts and moulds (TYMC)	$\leq 1.0 \times 10^3$ CFU/g
Other contaminants	Compliant with Reg. (EU) 2023/915 (heavy metals, PAHs, mycotoxins, pyrrolizidine alkaloids, etc.)

Indications

Intended use and general information

Physiological and health-related purposes	Normale tono dell'umore. Rilassamento e benessere mentale. (Ministero Salute)
Contraindications, warnings, interactions	Se si assumono dei farmaci, prima di utilizzare il prodotto chiedere il parere del medico perché l'estratto di iperico può interferire sul loro metabolismo inibendone anche l'attività. L'estratto di iperico è controindicato in età pediatrica e nell'adolescenza
Toxicological data	Nessuno
Additional notes	Occorre indicare in etichetta l'apporto giornaliero di ipericina. L'apporto giornaliero di ipericina, da indicare in etichetta, non deve superare 0,7 mg. Rapporto iperforine/ipericina non superiore a 7, comprendendo nella voce "iperforine" la somma dell'iperforina e dell'adiperforina presenti nell'estratto.
Usage indications	Exclusively plant-based origin; suitable for vegetarian and vegan use
Storage	Store in a cool, dry place in original sealed packaging
Shelf life	3 years from production if properly stored

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